

# red gate farm education center

## What to Bring for Your Visit to Red Gate Farm

### Everyone should bring:

- closed-lid water bottle
- lunch for the first day
- 3 sets of old clothes that you don't mind getting very dirty
- a sweatshirt and a warm jacket (again, preferably old)
- boots or shoes that you can get mucky
- another pair of boots or shoes (open-toed sandals are NOT good farm shoes)
- many pairs of socks (more than 4)
- rain gear (we will work even if its raining)
- warm hat and a hat for the sun
- warm sleepwear or long underwear
- bug repellent and sunscreen if you prefer your own (please no sprays)
- sleeping bag
- your favorite pillow
- wash cloth and towel
- toiletries (toothbrush, toothpaste, shampoo)
- a good book

### Visiting Staff should also assemble and bring:

- school generated permission slips for each student
- farm participant registration forms for each student
- copies of each student's medical release form that you use at your school (should include health insurance info and written guardian consent for doctor/hospital treatment)
- any information about sleep habits, medications or allergies, and specifically what over the counter medications you have permission to use for each student.

### Please do not bring (these items will be collected until departure)

- food or other drinks
- electronics (cell phones, ipods, video games, etc.)
- sprays: deodorants, perfume or body sprays, spray bug repellants or sun screens
- no pocket knives, please